



Tetaring Spa

A sweep away spa facility at Amora Ubud takes personal rejuvenation to the next level.
This wellness venue offers a curated menu of nurturing body and beauty treatments
based on Bali's traditional healing heritage.



Tetaring Spa

Indonesian herbs and spices add to the rich traditional nature of our treatments for total relaxation.

A selection of treatments is available, featuring aromatic natural oils and an exotic blend of perfumes.

Our well-trained therapist will take pleasure in explaining each step of the treatment to you.

Treatments are available from **9 AM to 9 PM.**

All treatments are available for both men and women.
Please note that we do not have a male therapist.



The Touch

Balinese Massage

60 Min : IDR 420,000K++/pax

90 Min : IDR 600,000K++/pax

The traditional Balinese massage is performed with gifted hands, as it has been done for generations. Blend stretching, acupressure, and long stroking. The jasmine massage oil will leave you calm as well as rejuvenated. This massage is designed for relaxation.

Aromatherapy Massage

60 Min : IDR 500,000++/pax

This is a combination of the sense of smell and touch to achieve a healing effect on the whole body.

A selection of essential oils will be presented to you to choose from, followed by a pressure point massage that will leave you calm, balanced, and relaxed.

Amora Massage

60 Min : IDR 450,000++/pax

This full-body massage will ease tight muscles in the back, neck, and shoulder areas. Excellent for recovering from specific problems and injuries, it is ideal for people who prefer a deeper massage.

A woman with dark hair and a yellow flower in her hair is lying on her side on a blue massage table, receiving a massage. A therapist's hands are visible on her back. The background is a soft-focus image of a massage parlor with green plants and a white wall.

Above price plus 11% Government Tax and 10% Service

The Touch

Four-hand Massage

60 minutes IDR 800.000/pax

Relaxation with a four-handed acupressure. This massage for balance your bloods and wonderful sensation in relaxing your body by combining the techniques of acupressure. Creates harmony, relaxing and balance bloods. Let the synergy of four hands transport you to a state of ultimate relaxation and bliss.

Pregnancy Massage

60 Minutes IDR 570.000/Pax

This is a very gentle massage using side-lying pregnancy massage techniques. Pregnancy massage combines Swedish massage and pressure points followed by deeply releasing oil massage. Pregnancy massage offers a range of benefits for expectant mothers. It can help reduce stress and anxiety, alleviate muscle and joint pain, improve sleep quality, and enhance the overall physical and emotional well-being of the mother-to-be.



Aboveprice plus 11% Government Tax and 10% Service

The Touch

Massage is an integral part of the SPA experience.

Tetaring Massage

90 minutes : IDR 740,000 ++/pax

The Tetaring massage is a unique blend of aromatherapy, lomilomi, and the Balinese technique, which includes face and scalp massage. A full-body massage is a combination of pressure points, deep tissue, and long strokes that relieve tension for a calm mind and body. Create your own serenity by choosing one of our unique oil blends to please the senses.

Lemongrass: Blends of bergamot, lemongrass and musk to clear the mind, stimulates, uplifts and restores a sense of balance.

Energizing: Designed to relax tense muscles, it stimulates the body's systems. Blend citronella, clove, and ginger for a therapeutic effect.

Jasmine: A beautifying blend of frangipani, ylang ylang, and jasmine helps relieve depression, calms the mind, and fosters a feeling of love and well-being.



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The Ritual

Romantic Ritual

2.5 hours : IDR 1,500,000 ++/couple

Romantic couples are treated to an aromatherapy massage, a blend of techniques that takes both on a journey throughout the continent. This relaxing yet invigorating massage loosens muscle tissue and rids the body of toxins. Following the hour-long massage, the delicate skin is revitalized with a jasmine scrub, jasmine body masker, and aromatherapy flower bath, leaving a romantic glow as well as feeling refreshed and revitalized.

Lulur Ritual

2.5 hours : IDR 750,000 ++/person

Unforgettable traditional body scrubs using herbs and natural plant fibers, formerly used by the ancient Javanese royal families to remove excess dead cell accumulation under the skin, will improve blood circulation, resulting in a soothing, relaxed feeling all over the body. This treatment is combined with a traditional Balinese massage and cool, creamy yogurt lotion.

Steps of treatment : salt footbath, Balinese massage for 60 minutes, scrubs, yogurt, milky bath.

Balinese Boreh Massage

2 hours : IDR 730,000 ++/pax

Boreh is a native Balinese word that translates literally as "herbal remedies used externally for health." Boreh is an exfoliation and body polishing treatment combined with Balinese massage. A warm wrap with sandalwood, cinnamon, cloves, and ginger in a ground rice base, this treatment is used as a preventive treatment to keep the body healthy and fit; it is believed that Boreh also relieves muscle pain and fatigue after a long day.

Steps of treatment : salt footbath, Balinese massage for 60 minutes, boreh wrap, cucumber rasp, and herbal bath.

The Beauty

Traditional Facial

1 hour : IDR 400,000 ++/pax

A deep cleansing treatment with a special technique for relaxation and comfort, complete with the vitamins needed for glowing skin health, featuring traditional Indonesian products.

Aromatic Facial

1 hour : IDR 500,000 ++/pax

Traditional facials and treatments use natural ingredients to refresh and rejuvenate your face. It will give proteins and vitamins to the skin on the face and cool the sunburned skin.

Neck & Shoulder Massage

30 minutes : IDR 300,000 ++/pax

This is a beautifully relaxing massage that targets all the places you hold the most tension—the head, neck, and shoulders.

Manicure or Pedicure

60 minutes manicure : IDR 350,000 ++/pax

60 minutes pedicure : IDR 350,000 ++/pax

Nail Polish Service

We offer this treatment for fingers and toenails as a finishing touch.

30 minutes : IDR 300,000 ++/pax

Nail Gel : IDR 550,000 ++/pax

Foot Reflexology

30 minutes : IDR 350,000 ++/pax

60 minutes : IDR 500,000 ++/pax

Above price plus 11% Government Tax and 10% Service

Tetaring Ritual

Tetaring Ritual

3 hours : IDR 1,950,000 ++/couple

Natural herbs and spices create a stimulating exfoliation to deep cleanse and firm up your skin. A luxurious carrot bath follows to condition your skin. A gentle fruit enzyme will smooth, refine, and soften your skin's texture and appearance. This treatment is combined with a Tetaring Massage and oils of your choice.

Steps of treatment : sensual footbath, Tetaring Massage for 90minutes, avocado body scrub, avocado mask, aromatic flower bath.

Hot Stone Massage

90 minutes : IDR 750,000 ++/pax

This combines a massage and a hot stone treatment, aiming to give your body deep relaxation. It is not simply the gliding of a heated stone lightly upon the skin's surface. Instead, your trained therapist will use the stones as tools to deliver effective tissue and muscle massage at a pressure level that is comfortable for you in order to relax your muscles and improve blood circulation. Please be sure to request light, medium, or deep pressure to add to the beauty of our hot stone massage technique.

Green Tea Body Scrub

60 minutes : IDR 400,000 ++/pax

Pure green tea contains powerful antioxidants that help to minimize the formation of acne, cellulite, and stretch marks while also providing a natural whitening effect on the skin. This skin exfoliating treatment will make the skin smooth.

Chocolate Body Scrub

60 minutes : IDR 400,000 ++/pax

Pure coffee contains powerful antioxidants, helping to minimize the formation of acne, cellulite, and stretch marks, also effective for calming and stimulating the skin.

Above price plus 11% Government Tax and 10% Service

The Package

Honeymoon Packgae

2 days of treatment : IDR 2,700,000 ++/couple

A deep cleansing treatment with a special technique for relaxation and
Inclusions:

- Aromatherapy Footbath
- Tetaring Massage
- Avocado Scrub
- Flower Bath
- Traditional Facial
- Ginger drinks and cookies

"The above program can be accomplished in a one-day treatment."
(Duration of treatment: 4 hours)



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